

# folk

CAFÉ

## Special Diets

Gluten free bases add R30  
Vegan Mozzarella R35

### Garlic & Herb Focaccia(V)

### Traditional Nepalese Style Margarita(V)

Napolitano tomato sauce, fior di latte mozzarella and fresh basil

### Mamma Mia (V)

Napolitano tomato sauce, mozzarella, capers, olives, artichokes and parmesan shavings

### Caprice (V)

Napolitano tomato sauce, fior di latte, cherry tomatoes fresh basil and black pepper (toppings added after oven)

### Bald Eagle

Napolitano tomato sauce, mozzarella, chorizo, mushrooms, feta, onion and avo

### Hero (V)

Napolitano tomato sauce, mozzarella, feta, spinach, onions & mushrooms

### DMP (V)

Napolitano tomato sauce, white cheddar, artichokes and garlic

### Pixie

Napolitano tomato sauce, mozzarella, gypsy ham, baby rosa tomatoes, basil & feta

### Winelands Pizza

Napolitano tomato sauce, mozzarella, parma ham, camembert, fig and rocket

### Mexicana

Napolitano tomato sauce, mozzarella, bolognese mince with red onions and lots of chilli

### Quattro Formaggi (V)

Napolitano tomato sauce, gorgonzola, mozzarella, parmesan and mature hard cheese

### Hawaiian

Napolitano tomato sauce, mozzarella, pineapple and gypsy ham

## Pizza

### Carne

Napolitano tomato sauce, mozzarella, gypsy ham, R45 chorizo, bacon and onion

### R90 Orient Express

Napolitano tomato sauce, mozzarella, chicken and jalapeno

### R115 Quattro Stagioni

Napolitano tomato sauce, mozzarella, mushrooms, ham, artichokes, olives, and oregano

### R90 St James

Napolitano tomato sauce, mozzarella, sirloin steak, brown mushrooms and mature hard cheese

### R145 Little lorry big lorry

Napolitano tomato sauce, bacon, feta & basil

### Happy (VE)

R115 Napolitano tomato sauce, vegan mozzarella, brown mushrooms, artichokes, chilli, garlic

### Half & Half

R115 Choose any 2 pizzas and we will make it half and half. No ingredient substitutes & no extra's

### R125 Madam Bozza

tomato sauce, mozzarella, salami, avo, olives, feta and fresh rocket

### R155 Russian Roulette

Best enjoyed with 2 players!  
We add extra hot chilli oil to 1 slice of your pizza! You find out which one

R135

### EXTRAS CHARGED EACH

Peppers, olives, button mushrooms, baby spinach, spring onion, red onion, tomato, capers, pineapple

R125 R20

Cheddar, mozzarella, feta, artichokes, avocado, black mushrooms

R25

R105 Gypsy ham, bacon, chorizo, salami, chicken, gorgonzola, camembert

R35

Parma ham, lamb

R45

\*Substitutes are allowed with items of the same value

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## Starters & Small Plates

- Springbok Carpaccio** R120  
Topped with parmesan shavings, sesame seeds, fresh rocket leaves & cracked black pepper then drizzled with olive oil and balsamic glaze
- Soups of the Day** R79  
Served with crispy ciabatta. Please inquire
- Soy Aubergines {v}** R68  
Cubed aubergines slow cooked with soy, drizzled with balsamic & sprinkled with sesame seeds
- Chickpea Pop {v}** R82  
Individual poppadom topped with chickpea curry & sambals
- Fish Cakes** R96  
Homemade hake & salmon fish cakes topped with guacamole and tomato salsa
- Hake Goujons** R79  
Crispy battered hake bite served with garlic aioli
- Lamb meatballs** R79  
Tender lamb meatballs served in marinara sauce
- Korean Spiced Chicken Wings** R85  
Saucy, juicy best!
- Hot & Spicy Chicken Livers** R89  
A folk favourite! Our secret sauce with over 25 ingredients can't be beat! But be warned, its hot.

## Share Boards

- Cheese board {v}** R245  
Cambreni, local mature hard cheese & creamy gorgonzola with assorted preserves, olives, seasonal fruit and crispy baguette
- Charcuterie Board** R355  
Cambreni, local mature hard cheese & creamy gorgonzola with preserves, olives, seasonal fruit, salami piccante, parma ham, artichoke and crispy baguette

We only use free range chicken and eggs and source ethical, local ingredients wherever possible.  
Not all ingredients listed.

## Burgers

Served on a brioche bun, with a side of your choice

- Plain Jane** R95  
200g beef patty or butterflied free range chicken breast splashed with our signature bbq sauce & topped with crunchy lettuce, sliced tomato & red onions
- Mr Cheesy** R105  
Plain Jane topped with melted cheddar
- Beet Burger {v}** R105  
Homemade beetroot & chickpea vegi patty topped with smashed avo & crispy onion flakes
- American Dreams** R125  
Beef burger loaded with bacon, cheddar and red onion marmalade
- Shroom melt** R125  
Plain Jane topped with black mushroom & camembert
- Vahee-Gahan {ve}** R135  
Beetroot patty topped with soy aubergine & vegan mozzarella served on a vegan bun
- Blue piggy** R135  
Plain Jane topped with Bacon & Blue cheese
- Pita Piper {v}** R105  
Falafel balls, salsa, tzatziki & humus on a burger bun  
Remove tzatziki for vegan friendly option {ve}
- Mexican showdown** R110  
Beef patty topped with guacamole, fresh chilli & coriander salsa
- Bunless** R125  
Beef, chicken or vegi {v} patty topped with a fried tomato, red onion pickle, feta cheese & sprouts
- Lamb Flatbread** R169  
Wood fired flatbread topped with lamb, tzatziki, humus, salsa, fresh rocket & balsamic glaze
- Chickpea Flatbread {v}** R135  
Wood fired flatbread topped with curried chickpeas, cucumber ribbons, tzatziki, salsa & coriander  
Remove tzatziki for vegan friendly option {ve}

## Folk Flatbreads

## Cafe Dining

- Calamari Heads & Tubes** R155  
Sustainably sourced calamari tossed in crushed nori, salt & black pepper & pan fried. Served with soy aubergines or hand cut potato chips
- Hake & Chips** R115  
Freshly caught hake in a tempura batter, fried and served with hand cut potato chips & garlic aioli sauce
- Harbour Fish or Shell** SQ  
Please enquire with your waiter. Fish changes with the seasonal availability
- Moroccan Spiced Chicken Breast** R120  
Free range chicken breast marinated in a spicy moroccan sauce served on top of a barley wheat and grilled vegetable salad topped with tzatziki
- Mediterranean style Lamb shank** R215  
Slow roasted, served with crushed baby potatoes & root vegetables & topped with a red wine jus
- Slow Pork** R140  
Slow cooked and then finished of under the grill. Served with a fresh and crunchy apple, peanut, celery and mint slaw
- Folks Puttanesca Tagliatelle** R125  
Chefs favourite...creamy pasta with olives, garlic, mushrooms, capers, fresh herbs, parmesan and chorizo
- Lamb Tagliatelle** R145  
Tagliatelle pasta topped with lamb meatballs in a thick tomato sauce
- Bake of the Day** SQ  
Enquire with your waiter for today's special

## Steaks

- A Grade Meat Cuts**
- 300g Rump R165  
300g Fillet R215
- Basted and prepared as you wish served with a side of your choice
- Add a sauce** R45  
Green peppercorn, blue cheese, bearnaise, redwine & mushroom, cheddar melt
- SIDES** R35
- Barley & Veg salad  
Hand Cut Potato Chips | Sweet Potato Fries  
Crunchy Side Salad  
Soy Aubergines  
Potato Rosti & Grilled Baby Root Veg

## Salads

- Quiche & Salad** R95  
Freshly baked daily with crisp puff pastry & a side of your choice. Please ask your waiter for today's variety
- Halloumi Salad {v}** R105  
Halloumi cheese, olives, avocado, salad greens & roasted soy aubergine
- Caesar Salad** R85  
Crispy bacon bits, cos lettuce, croutons, medium boiled egg, parmesan shavings & traditional handmade anchovy dressing  
- Add chicken breast R40
- Barley Salad {v}** R95  
Artichokes, caper berries, baby tomatoes, red onion, assorted roasted veg, feta & fresh coriander  
- Add chorizo R40
- The Terrible Salad** R145  
This dish will haunt your dreams, turn you into an addict and leave you wanting another one...every day...forever. You've been warned! Truffle paste, burrata (mozzarella ball with a creamy centre), grilled asparagus, roasted sweet Italian tomato, olive oil and a toasted slice of ciabatta
- Calamari Salad** R120  
Grilled calamari heads and tubes, sun dried tomato, salad leaves & coriander with a ginger soy dressing
- Grilled Chicken Salad** R110  
Grilled chicken, feta & avo on crispy salad greens

## Sandwiches

- Until 4pm  
\*Served with a side of your choice
- Baguette Toastie**
- Chicken Mayo** R85 R75  
A folk favourite using pulled free range chicken, red onion and mayo
- Old Faithful** R85 R75  
Gypsy ham, cheddar & tomato with lettuce & mayo
- Chicken Wrap** R85  
With humus, crunchy veg & feta